

## Client Information

Name \_\_\_\_\_ Birthday \_\_\_\_\_ E-Mail \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Telephone (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ (Cell) \_\_\_\_\_

In case of emergency (name) \_\_\_\_\_ Telephone \_\_\_\_\_

Have you ever had a massage before? \_\_\_\_\_

Are you on medication? If yes, what? \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

**Please check, or answer yes or no to any of the following conditions which apply to you, past or present:**

- ☐ Dislocations
- ☐ Back injuries
- ☐ Mid-back pain
- ☐ Lower-back pain
- ☐ Neck injuries
- ☐ Pulled muscles
- ☐ Fractures
- ☐ Other recent bone trauma
- ☐ Stiff neck
- ☐ Do you have tension or soreness in a certain area? Please specify \_\_\_\_\_
- ☐ Recent surgery
- ☐ Numbness, tingling or nerve problems
- ☐ Inflammations or joint swelling
- ☐ Auto Immune Disease
- ☐ Muscle cramping
- ☐ Arthritis
- ☐ Do you bruise easily?

- ☐ Do you have any contagious disease?
- ☐ Fainting spells
- ☐ Do you have varicose veins?
- ☐ Diabetes
- ☐ Osteoporosis
- ☐ Cancer
- ☐ Cardiac or circulatory problems?
- ☐ High blood pressure
- ☐ Headaches
- ☐ Nausea
- ☐ Epilepsy or seizures
- ☐ Sore arms
- ☐ Pregnancy
- ☐ Allergies
- ☐ Are you presently wearing contact lenses?
- ☐ Are you presently wearing dentures?
- ☐ Are you sensitive to touch or pressure in any area? Please specify \_\_\_\_\_
- ☐ Other conditions

If you have a specific medical condition or specific symptoms, massage may be contraindicated. A referral from your primary care provider may be required prior to service being provided.

I understand that the massage I receive is provided for the basic purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor or other qualified medical specialist for any mental or physical ailment that I am aware of. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I fail to do so. I also understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

May we add you to our e-mail list for newsletters and promotional offers? Y / N

Please indicate any issues you may be having on the diagram below:

